

Plant Archives

Journal homepage: http://www.plantarchives.org

DOI Url: https://doi.org/10.51470/PLANTARCHIVES.2025.v25.no.2.023

EFFECT OF DIFFERENT ORGANIC SOURCES AND SOWING DATES ON QUALITY OF BROCCOLI

Rakshanda Anayat¹, Shiffa Qadri², Shahnaz Mufti², Zahida Rashid^{3*}, Rehana Rasool¹, Shahnaz Parveen², Faisal Nabi⁴, Mudasir Magrey¹ and Mehnaz Shakeel¹

¹Faculty of Agriculture (FoA), Wadura, SKUAST-Kashmir, India ²Faculty of Horticulture (FoH), Shalimar, SKUAST-Kashmir, India ³DARS Budgam, SKUAST-Kashmir, India ⁴KVK Kupwara SKUAST-Kashmir, India *Corresponding author E-mail: zahida@skuastkashmir.ac.in (Date of Receiving-22-05-2025; Date of Acceptance-29-07-2025)

ABSTRACT

The experiment was carried out in the experimental research farm of Vegetable Science, Faculty of Horticulture, SKUAST-Kashmir Srinagar Shalimar during *Kharif*-2022-2023. The geographical Shalimar is situated at an altitude of approximately 1,800 meters (5,900 feet) above sea level and the GPS coordinates of Shalimar are 34.05 31°N, 74.83 13°E. The experiment was laid out in a split plot design. The combinations of treatments including 4 organic manures *viz.*, T1 (100% FYM + Biofertilizer @20 t ha⁻¹), T2 (100% Poultry manure + Biofertilizer @4.5 t ha⁻¹), T3(100% Vermicompost + Biofertilizer @5 t ha⁻¹) and T4 (100% Mustard Cake + Biofertilizer @1.9 t ha⁻¹) and 3 Dates of sowing, D1 (30th Standard Meteorological Week) D2 (32nd Standard Meteorological Week) and D3 (34th Standard Meteorological Week) were replicated thrice. Overall, this study highlights the importance of selecting appropriate organic source and date of sowing for improvement of quality of broccoli. The findings indicate that using a T3 (100% Vermicompost + Biofertilizer @5 t ha⁻¹) and D1 (30th Standard Meteorological Week) as a date of transplanting can boost the quality improvement of broccoli. These results will contribute to the advancement of efficient and sustainable organic cultivation practices, enabling growers to optimize production outcomes in broccoli cultivation.

Key words: Broccoli, Environment modification, Organics, Quality, Sowing date

Introduction

Broccoli (Brassica oleracea var. italica) is a nutritious green vegetable belonging to the cabbage family (Brassicaceae), characterized by its sizable head and stalk, both of which are consumed as part of the meal. The word broccoli originates from the Italian broccolo plural, which means "a cabbage's flowering crest" and is the diminutive form of brocco, which means "small nail" or "sprout" (Meena *et al.*, 2020). Broccoli boasts sizable, dark green flower heads, forming a tree-like arrangement on a thick, light green stalk. The mass of flower heads is surrounded by leaves (Bhavnagri *et al.*, 2015). Broccoli bears a striking resemblance to cauliflower, as both belong to distinct cultivars within the same species (Mukherjee and Mishra, 2012). Broccoli emerged through the selective breeding of Brassica crops

in the northern Mediterranean around the sixth century. Its roots trace back to early cultivars cultivated in the Roman Empire, later refined through deliberate breeding in southern Italy or Sicily. By the 18th century, it had traversed to northern Europe, while Italian immigrants introduced it to North America during the 19th century (Dixon, 2007). Broccoli is also known as the Crown of jewel nutrition" because it is rich in vitamins and minerals (Singh et al., 2021). Broccoli stands out for its superior nutritional profile compared to cauliflower due to its higher content of various elements. It contains 5.5 g of carbohydrates, 3.3 g of protein, 3500 IU of vitamin-A, 0.05 mg of thiamine, 0.12 mg of riboflavin, 137 mg of ascorbic acid, 80 mg of calcium and 79 mg of phosphorus. Consequently, broccoli boasts 4 times more riboflavin, 2.5 times more calcium, and 2 times more vitamin-C

compared to cauliflower (Kaur *et al.*, 2019). Additionally, broccoli serves as a rich source of sulforaphane, a compound linked to reducing the risk of cancer (Allen, 2007). Broccoli is recognized for its abundance in secondary metabolites like alkaloids, flavonoids, tannins, polyphenols, essential oils, and polypeptides (Sari *et al.*, 2022).

India is world's largest producer of vegetables next to China. The area and production of broccoli in India account of 6745 thousand hectares and 369 thousand tonnes (NHB, 2019). The pursuit of intensified and costeffective agricultural production has led to widespread reliance on concentrated chemical fertilizers, often at high doses, while organic methods are underutilized, causing a decline in soil fertility and structure. Fertilizers aim to enhance fertility, yet excessive use of mineral variants raises environmental concerns. Agricultural chemicals, such as hormones and antibiotics, leave residues in food, posing potential risks like cancer or genetic damage. Other facets of food quality have also deteriorated. Thus, organic farming emerges as an alternative a sustainable, self-sufficient farming system. It stands among the fastest-growing sectors globally, focusing on establishing a harmonious balance within the interconnected system of soil organisms, plants, animals, and humans. Selection of appropriate fertilizers for crop growth is guided by local natural conditions, soil variations and climate suitability for cultivating crops.

Organic fertilizers derived from fermented and decomposed organic materials are typically rich in nutrients and considered safe. Microbial fertilizers appear to be eco- friendly, cost-effective, and compact agricultural inputs, playing a substantial role in plant nutrition as supplementary and complementary elements to mineral-based nutrition (Chinthapalli et al., 2015). Organic manures and biofertilizers serve as alternative and renewable nutrient sources. Organic manure not only consistently provides macro, micro, and secondary nutrients but also enhances the physical, chemical and biological characteristics of the soil (Chaterjee et al., 2005). Organic manures act as slow-release fertilizers, minimizing nutrient loss compared to inorganic fertilizers. This reduction in nutrient loss helps decrease soil, water and air pollution.

Numerous tests and experiences have shown that well decomposed farmyard manure contains 0.5% N, 0.3% P_2O_5 and 0.5% K_2O (Singh *et al.*, 2018). When applied in appropriate proportions, it can effectively provide nearly all the essential elements of soil fertility required by crops. Vermicompost, an enriched "organic fertilizer," contains abundant NPK and essential

micronutrients like Calcium (Ca), Magnesium (Mg), Zinc (Zn), and Manganese (Mn). Luishuxin *et al.*, (1992) typically, vermicompost comprises an average of 3% N, $1\% \ P_2O_5$ and $1\% \ K_2O$. Vermicompost contains enzymes such as amylase, lipase, cellulase and chitinase, which persistently decompose organic matter within the soil (Yatoo *et al.*, 2020).

Poultry manure provides an ample supply of both macro and micro nutrients essential for the growth, yield, and quality of horticultural crop production. Its significance has grown considerably in crop production practices due to its role in nourishing crops and preserving the physical and chemical properties of the soil (Akter, 2021). Poultry manure possesses higher nitrogen and phosphorus levels compared to other bulkier organic manures. On average, the nutrient content of poultry manure includes 1.5% N, 1.5% P₂O₅ and 1.8% K₂O (Barker, 1990).

Mustard cake is generated as a by-product during extraction of the oil from mustard. It contains 4.8% N, $2\% P_2O_5$ and $1.3\% K_2O$. It is also a good source of bioactive components including phenolics, glucosinolates and phytates (Ramachandran *et al.*, 2007).

In recent years biofertilizers viz Azospirillium, Phosphate Solubilizing Bacteria and Potassium Solubilizing Bacteria that are eco-friendly and low-cost inputs have emerged as an important and integral component of integrated plant nutrient supply system for vegetable production (Sindhu *et al.*, 2019).

Organic farming in vegetables is very limited and practiced in some cases for production of dehydrated vegetables and spices. Organic farming on commercial scale has been taken up by some farmers and agencies in Uttaranchal, Andhra Pradesh, Tamil Nadu, Karnataka, Kerala, Sikkim and Maharashtra. However due to one major constraint that is lack of organic production technologies, the organic vegetable production is still in infancy in our state. Many investigators have found that, addition of organic fertilizer had a major effect on vegetative growth, total yield and quality of broccoli (Sakhonwasee, 2015).

Air temperature and solar radiation are major environmental factors affecting crop development (Mouraeo and Hadley, 1997). The proper time of sowing is one of the basic requirements for obtaining maximum yield and high return of any crop. Many experiments regarding sowing and transplanting time were conducted in different parts of the world which revealed that total yield of the crop is markedly influenced by different sowing and transplanting times. The timing of planting and the spacing between plants are crucial factors in the

S. No.	Particulars	Observation	Analytical Method Employed				
1	pН	7.23	The pH of the soil was tested by mixing soil and water (1:2) in a				
1.			glass-calomel electrode (Jackson, 1973)				
2.	EC (ds/m)	0.19	EC of the soil samples was estimated by salt bridge conductivity				
			meter (Jackson, 1973)				
3.	BD (dSm ⁻¹)	1.33	Core sampler method as proposed by Black and Hartge (1986)				
4.	Organic carbon (%)	0.51	Rapid titration method, Walkley and Black's 1934				
5.	Available N (kg/ha)	298.73	Modified alkaline potassium permanganatemethod (Subbiah and Asija, 1956)				
6.	Available P (kg/ha)	23.62	0.5 M Sodium bicarbonate extractable P method(Olsen et al., 1954)				
7.	Available K (kg/ha)	199.37	Ammonium acetate extractable K method(Jackson, 1973)				

Table 1: Initial soil properties of the experimental soil.

production practices of broccoli. Previous studies have highlighted the impact of planting dates on broccoli's vegetative characteristics, yield, and the attributes of its heads (Singh *et al.*, 2010 and Jayamanne *et al.*, 2015).

Material And Methods

The present investigation was carried out at Research Farm of the Division of Vegetable Science, Faculty of Horticulture, SKUAST - Kashmir during the year of 2022. The details of materials used and methods applied in the experiment are mentioned below.

Experimental Site

Location and climatic condition

Shalimar, a village on the outskirts of Srinagar in Jammu and Kashmir, experiences a temperate climate with four distinct seasons. Summer months are mild with temperatures ranging from 10°C to 30°C, while winters are cold with temperatures dropping below freezing point. The average minimum and maximum temperature for each month are -5.7°C and 5.8°C in January, 14.4°C and 30.6°C in June, and -3.1°C and 7.8°C in December, respectively. Shalimar is situated at an altitude of approximately 1,800 meters (5,900 feet) above sea level and the GPS coordinates of Shalimar are 34.05 31°N,74.83 13°E

The experiment was carried out in the experimental research farm of Vegetable Science, Faculty of

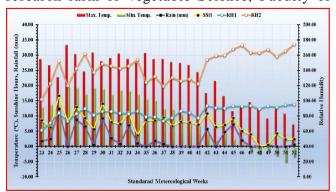


Fig. 1: Weather parameters observed during crop growing period of Broccoli, 2022.

Horticulture, SKUAST-Kashmir Srinagar the maximum and minimum temperature, bright sunshine hours, relative humidity and total weekly rainfall recorded during the period of investigation at Meteorological Observatory at the Department of Agro-Meteorology, SKUAST-Kashmir are presented in Fig. 1.

Soil conditions

Random soil samples of experimental field drawn from five places with auger up to 0-15 depth just before layout of experiment, after harvest of first year crop/before transplanting of second crop and after harvest of second year crop were mixed thoroughly and composite samples are presented in Table 1.

Experimental details

The experiment was laid out in a split plot design. All 36 combinations involving two main plots including 4 organic manures (FYM, Vermicompost, Poultry manure and Mustard Cake) and 3 Dates of sowing (D1-24th August, D2-29th August and D3-2nd September) were replicated thrice. All the cultural practices were followed to raise a healthy crop. The harvesting of broccoli was done from 15th November onwards.

Treatment details

Treatment code	Treatments	Dosage		
T ₁	100% FYM + Biofertilizer	20 t/ha		
T2	100% Poultry Manure + Biofertilizer	4.5 t/ha		
T3	100% Vermicompost + Biofertilizer	5 t/ha		
T4	100% Mustard Cake + Biofertilizer	1.9 t/ha		

Nutrient dosage was calculated on N equivalent basis. Soil application of biofertilizers *viz.*, Azotobacter, Phosphate Solubilizing Bacteria and Potassium Solubilizing Bacteria was given @ 5 l/ha.

Cultivation details

Preparation of nursery bed and sowing of seeds

Nursery bed of 3 m \times 1 m \times 0.15 m in size were prepared by mixing well rotten FYM in the soil at the rate of 15 kg per square meter. Seeds were sown at 25th

July, 8th August and 22nd August, respectively in shallow furrows 10 cm apart by dropping the seeds at 1-2 cm depth. A thin layer of fine FYM was spread over the seeds. Watering, hoeing and weeding were done according to crop requirement.

Field preparation

The experimental field was thoroughly ploughed and cross-ploughed thrice with the help of mould board plough and cross harrowing was done with tractor, followed by planking and leveling to bring the field to a good fine tilth. The FYM, vermicompost, poultry manure and mustard cake was applied at the rate of 20, 5, 4.5 and 1.9 t/ha, respectively and spread uniformly in the beds as per calculation

Transplanting and sowing

The seedlings were transplanted on 24^{th} August, 29^{th} August and 2^{nd} September in 2022, respectively. When average height of seedlings was about 10-12 cm. The distance between row to row and plant to plant was kept $60 \text{ cm} \times 45 \text{ cm}$ in a plot size of $3.6 \times 3.6 \text{ m}^2$ area. Thus, 20 plants were transplanted in each plot. The transplanting was done in the morning hours followed by light irrigation.

Irrigation

The crop was irrigated immediately after transplanting and then at an interval of 2-3 days up to the establishment of seedlings. After this, the crop was irrigated at regular intervals of 7 to 8 days.

Gap filling

In place of dead seedlings, gap filling was done in early period to maintain the plant population.

Intercultural practices

First weeding and hoeing was done 25 days after transplanting and second weeding was done 40 days after transplanting.

Harvesting broccoli heads

Head were picked up before the bud opened when the bud clusters are compact. Harvesting was done with the help of sharp sickle and observations on ten tagged plants were recorded.

Observations recorded

The quality of broccoli was studied and recorded during the course of investigation. The following parameters were observed.

Dry matter content (%)

Five tagged plants were taken with the help of sharp sickle for fresh plant biomass by weighing machine in gram and oven dried for dry plant biomass by weighing machine and calculated by using the following formula.

TSS (°Brix)

Dry matter content (%) =
$$\frac{\text{Fresh weight - Dry weight}}{\text{Fresh weight}} \times 100$$

The Total Soluble Solids were estimated by hand refractometer (0-32 °brix) as per method described by Ranganna (2010).

Vitamin C (mg/100 g)

The A.O.A.C (1984) method of titration was used to titrate a known weight of sample using 2, 6-dichlorophenol indophenol dye and metaphosphoric acid as a stablising agent. Five gram of sample was ground with stabilising media (1:5) in a pestle and mortar Centrifuge was used to separate the homogenate. The supernatant was collected, and a volume of 50 ml was made with stabilising media and filtered. The dye 2, 6- dichlorophenol indophenols was used to titrate 10ml of the aliquot. The dye factor was calculated as; Five ml of 3% HPO₃ was added to standard ascorbic acid and titrated with the dye solution to a pink colour. The dye factor i.e. mg of ascorbic acid per ml of dye was determined by using the following formula:

Dye factor =
$$\frac{0.5}{\text{titter value}}$$

The vitamin C content of the sample was calculated by using the following formula:

$$Ascorbic \ acid \ (mg/100) = \frac{Titre \ value \times dye \ factor \times volume \ made \ up}{Total \ weight \ of \ the \ sample \times aliquot \ of \ sample}$$

Carotenoids (mg/100 g)

5 g of sample was extracted in acetone to which few crystals of Na₂SO₄ were added and centrifuged. The supernatant was taken in a beaker, 50 ml of 10% alcoholic KOH was added and heated on water bath for 30 minutes. Material was taken in separating funnel and 50ml of petroleum ether was added. The upper layer of petroleum ether containing pigments was removed in 100 ml volumetric flask and volume made up to 100 ml with petroleum ether. O.D was recorded at 452 nm and total carotenoids were calculated using formula (Datta *et al.*, 2016):

$$Carotenoids \ (mg/100g) = \frac{O.D. \times 13.9 \times 10^{-4} \times volume \ made \ up}{Weight \ of \ sample \times 560 \times 1000}$$

Antioxidant activity (%DPPH)

Antioxidative activity was determined spectrophotometrically according to Yen and Chen (1995), as the percent of DPPH (2, 2-diphenyl-1-picrylhydrazyl) inhibition in plant methanol extract. Samples were grounded and extracted, using ultrasounds, for 30 min in

methanol. Measurements were done after 10 minutes of reaction, using the light wavelength of 517 nm.

Head compactness (g/cm3)

The five tagged plants from each plot were estimated as per the formula. The average of five plants was computed to get the mean Head Compactness (Pearson, 1931).

$$Z = \frac{C \times 100}{W3}$$

Where,

Z = Index of compactness

C = Net weight of head

W = Average lateral and polar diameter of head

Result and Discussion

Effect of different sowing dates and organic sources on quality of broccoli

The quality of broccoli is influenced by a range of factors, including the choice of organic sources and sowing dates. These variables have a direct impact on critical quality parameters such as Total Soluble Solids (TSS),

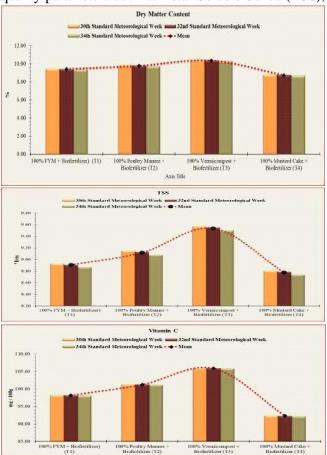
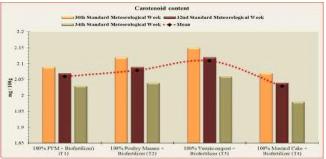
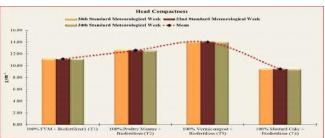


Fig. 2: Diagrammatic representation of different sowing dates and organic sources on Dry Matter Content (%), TSS (0Brix) and Vitamin C (mg/100g) of (cm²) of Broccoli.

Vitamin C, Carotenoid levels, Antioxidant activity and Head compactness. Optimal selection of organic sources and sowing dates can result in broccoli with superior nutritional value and taste, enhancing its market desirability. Broccoli rich in essential nutrients, antioxidants and compact form head is more likely to meet consumer preferences and expectations. Therefore, understanding and carefully managing these factors in broccoli cultivation is vital for both producer success and the satisfaction of health- conscious consumers in the market.

The data presented in Table 2 & 3 revealed that treatment combinations had significant variation on quality attributes of broccoli, the maximum dry matter content (10.45%), TSS (9.57 °Brix), Vitamin C (105.98 mg/100 g), Carotenoid content (2.15 mg/100 g), Antioxidant activity (75.88) and Head Compactness (14.05 g/cm³) were recorded in T3 (100% Vermicompost + Biofertilizer @5 t ha¹¹) and D1 (30th Standard Meteorological Week) followed by T3 (100% Vermicompost + Biofertilizer @5 t ha¹¹) and D2 (32th Standard Meteorological Week). While the minimum dry matter content (8.69%), TSS (8.74 °Brix), Vitamin C (92.22 mg/100 g), Carotenoid





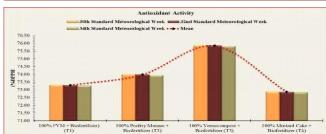


Fig. 3: Diagrammatic representation of different sowing dates and organic sources on Carotenoids(mg/100g), Antioxidant activity (%DPPH) and Head Compactness (g/cm³) of Broccoli.

Date of Sowings	Dry Matter Content (%)			TSS (°Brix)			Vitamin C (mg/100g)			
Organic Source	30 th SMW	32 nd SMW	34 th SMW	30 th SMW	32 nd SMW	34 th SMW	30 th SMW	32 nd SMW	34 th SMW	
T1 (100% FYM + Biofertilizer) 20 t/ha		9.43	9.35	8.93	8.91	8.87	98.28	98.20	98.09	
T2 (100% Poultry Manure + Biofertilizer) 4.5 t/ha		9.81	9.73	9.15	9.13	9.08	101.34	101.28	101.20	
T3 (100% Vermicompost + Biofertilizer) 5 t/ha		10.39	10.1	9.57	9.55	9.50	105.98	105.92	105.84	
T4 (100% Mustard Cake + Biofertilizer) 1.9 t/ha		8.79	8.69	8.81	8.79	8.74	92.44	92.34	92.22	
Factor										
Organic Source		0.22			0.11			0.94		
Date of Sowings		0.05			0.02			0.03		
Organic Source × Date of Sowings		0.27			0.13			0.97		

Table 2: Effect of different Sowing dates and Organic sources on Dry Matter Content (%), TSS (0Brix) and Vitamin C (mg/100g) content of Broccoli.

content (1.98 mg/100 g), Antioxidant activity (72.85) and Head compactness (9.40 g/cm³) were observed in T4 (100% Mustard Cake + Biofertilizer @1.9 t ha⁻¹) and D3 (34th Standard Meteorological Week). The enhanced in Vitamin C content in broccoli could potentially be attributed to increased soil microbial activity, which might have contributed growth regulators, vitamins, and hormones to the plants. Similar findings have also been observed by Gupta et al., (2009), Sharma et al., (2011), Tanwar et al., (2003) and Mohapatra et al., (2013). Total soluble solids (TSS) content stands as a critical quality parameter in the processing industry, signifying the cumulative non-water and volatile components within fruits. Mishra et al., (2014), in their study on knol khol, noted an increase in TSS content with higher nutrient levels in the treatments, supplemented by organic nutrients. Similarly, comparable findings were reported by Kandil and Gad (2009) in broccoli and Chatterjee et al., (2012) in cabbage.

Continuous availability of nutrients at shorter and frequent intervals making the plants photo synthetically active resulting in higher assimilation of primary and secondary metabolites viz., ascorbic acid, sugars, Vitamin C etc. Significantly higher concentration of total soluble solids and vitamin C was reported at higher levels of nutrients provided by vermicompost and also due to the biofertilizers direct impact on mobilization of nutrients (Dhotre *et al.*, 2018). This phenomenon could be attributed to the heightened accumulation of carbohydrates and the conversion of more organic acids into sugars, which occurs with an increase in fertilizer levels (Aminifard *et al.*, 2012). This clearly indicates the importance of vermicompost and biofertilizers in enhancing quality attributes and their requirement in crop.

There is a common observation that organically managed crops tend to contain higher levels of vitamin C compared to conventionally fertilized crops. This difference arises because when plants are exposed to higher nitrogen levels, there's an increase in protein production but a reduction in carbohydrate synthesis. Vitamin C is synthesized from carbohydrates, so its levels are consequently reduced. In the case of organically managed soil, plants are typically exposed to relatively lower amounts of nitrogen, and various plant nutrients are released slowly over time. Therefore, organic crops would be expected to maintain higher levels of vitamin C

Table 3: Effect of different Sowing dates and Organic sources on Carotenoids(mg/100g), Antioxidant activity (%DPPH) and Head Compactness (g/cm³) of Broccoli.

Date of Sowings		Carotenoids (mg/100g)			Antioxidant activity (%DPPH)			Head compactness (g/cm³)		
	Organic Source	30 th	32 nd	34 th	30 th	32 nd	34 th	30 th	32 nd	34 th
		SMW	SMW	SMW	SMW	SMW	SMW	SMW	SMW	SMW
T1 (100% FYM + Biofertilizer) 20 t/ha		2.09	2.07	2.03	73.33	73.31	73.27	11.18	11.16	11.12
T2 (100% Poultry Manure + Biofertilizer) 4.5 t/ha		2.12	2.09	2.04	74.02	74.00	73.95	12.64	12.62	12.57
T3 (100% Vermicompost + Biofertilizer) 5 t/ha		2.15	2.12	2.06	75.88	75.86	75.81	14.05	14.03	13.98
T4 (100% Mustard Cake + Biofertilizer) 1.9 t/ha		2.07	2.04	1.98	72.89	72.87	72.85	9.47	9.45	9.40
Factor										
Organic Source		0.02			0.07			0.41		
Date of Sowings		0.03			0.02			0.02		
Organic Source × Date of Sowings		0.05			0.09			0.43		

and carbohydrates while having less protein, as reported by Bahadur *et al.*, (2003) in their study on broccoli. Chaterjee *et al.*, (2005) studied that the effect of organic nutrition in sprouting broccoli var. Green Country with different treatments of biofertilizers *viz.*, *Azotobacter*, Phosphate Solubilizers, Potash mobilizers and Vesicular-Arbuscular-Mycorrhizae and recoded that the organic sources of nutrition produced significantly better quality of curd parameters than inorganic sources.

Plants from later plantings exhibited lower levels of ascorbic acid, likely due to reduced sunlight intensity. This positive relationship between light intensity and ascorbic acid levels in plants was also highlighted by Lee and Kader (2000) and Acikgoz (2011). Gajewski *et al.*, (2007) reavealed that high antioxidant activity of broccoli can be related to high carotenoids and vitamin C. These compounds are believed to be very active antioxidants (Wu *et al.*, 2004).

The increased compactness of broccoli heads could be attributed to the greater availability of nitrogen, achieved through the amalgamation of inorganic and organic sources of nitrogen, along with atmospheric Nfixation by biofertilizers (Ranjeet and Ravi, 2004). Additionally, the supply of growth regulators such as enzymes from manures and biofertilizers may facilitate enhanced protein synthesis (Vasanti and Subramanian, 2004). The positive impact of organic matter on protein content, leading to increased nitrogen content in seeds, has also been documented by Kumar et al., (2012). Furthermore, the heightened activity of nitrate reductase enzymes might aid in the synthesis of amino acids and protein (Yadav and Vijaya Kumari, 2004; Choudhary et al., 2012). Chatterjee et al., (2012) in cabbage also observed that the higher shelf life in the treatments containing 75% in combination with higher amount of organic manure and biofertilizer could be due to slower rate of respiration and transpiration which might have prevented the moisture loss from the head surface resulted in delay in loosening of head therefore retained the head freshness for the longer period.

Conclusion

Effect of organic sources

Among the organic sources, the highest quality parameters were recorded in T3 (100% Vermicompost + Biofertilizer @5 t ha⁻¹). This finding indicates that vermicompost improved water holding capacity of the soil, supply of balanced nutrients due to favourable soil condition during the entire growth period and especially at critical stages of growth. Biofertilizers results in production of different phytohormones like IAA, GA,

Cytokines which could have led to better root development, better uptake and translocation of nutrients ultimately resulted in better growth attributes and was reflected in the quality of plant. Vermicompost + Biofertilizers helps in better availability of N throughout the growth period of plant and functional role of N is the plant body that is in multiplication, cell elongation, tissue differentiation for the better nourishment of the crop for longer period. On the other hand, the lowest quality parameters were observed in T4 (100% Mustard Cake + Biofertilizer @1.9 t ha⁻¹). This suggests that nutrient concentration in the organic source significantly impacted on quality of broccoli.

Effect of date of sowing

Among the date of Sowing, D1 (30th Standard Meteorological Week) exhibited the highest quality parameters, indicating its suitability as a medium for broccoli cultivation. These results suggest this might be attributed to favorable climatic conditions during the vegetative growth and curd development period. In contrast, the D3 (34th Standard Meteorological Week) showed the lowest growth parameters, highlighting the advantages of early transplanting.

The interaction of D1 (30th Standard Meteorological Week) and T3 (100% Vermicompost + Biofertilizer @5 t ha⁻¹) resulted in significantly highest quality parameters. This suggests a synergistic effect between the organic source and the favourable climatic conditions during D1 (30th Standard Meteorological Week) crop growing period. The presence of vermicompost enhanced the nutrient availability and root development, contributing to improved plant performance. Conversely, the combination of D3 (34th Standard Meteorological Week) and T4 (100% Mustard Cake + Biofertilizer @1.9 t ha⁻¹) showed the lowest quality parameters. This emphasizes that the quality observed in late planting was a consequence of the gradual decrease in temperatures during the curd development stage. Hence, the timing of transplantation becomes significantly important, as delayed transplantation negatively impacts quality and overall production.

References

Akter, T. (2021). Effect of organic and inorganic fertilizers on the growth and yield of broccoli (*Brassica oleracea var. italica* L.). Thesis (M.Sc.) Sher-e-Bangla Agricultural University, Dhaka.

Ara, N., Kaisar M.O., Khalequzzaman K.M., Kohinoor H. and Ahamed K.U. (2009). Effect of different dates of planting and lines on the growth, yield and yield contributing characteristics of cauliflower. *Journal of Soil and Nature*, **3(1)**, 16-19.

Bhardwaj, A.K., Kumar P. and Singh R.K. (2007). Response of

- nitrogen and pre planting treatment of seedling with the Azotobacter on growth and productivity of broccoli (Brassica oleracea var. italica Plenck). *Asian Journal of Horticulture*, **2(1)**, 15-17.
- Bhavnagri, A., Chaudhary V., Jani D., Thakkar S., Chaudhary D., Chaudhary T. and Sen D.J. (2015). Broccoli, the powerhouse of nutrition in flowering crest like a cabbage. *World Journal of Pharmaceutical Sciences*, 1612-1625.
- Chaterjee, B., Ghanti P., Thapa U. and Tripathy P. (2005). Effect of organic nutrition in sprouting broccoli (*Brassica oleracea* L. var. italica Plenck). *Vegetable science*, **33(1)**, 51-54.
- Chaudhary, A., Sharma U., Vig A.P., Singh B. and Arora S. (2014). Free radical scavenging, antiproliferative activities and profiling of variations in the level of phytochemicals in different parts of broccoli (*Brassica oleracea var.* italica). *Food chemistry*, **148**, 373-380.
- Chinthapalli, B., Dibar D.T., Chitra D.V. and Leta M.B. (2015). A comparative study on the effect of organic and inorganic fertilizers on agronomic performance of faba bean (*Vicia faba L.*) and pea (*Pisum sativum L.*). Agriculture, Forestry and Fisheries, **4(6)**, 263-268.
- Choudhary, S., Soni A.K. and Jat N.K. (2012). Effect of organic and inorganic sources of nutrients on growth, yield and quality of sprouting broccoli ev. CBH⁻¹. *Indian Journal of Horticulture*, **69(4)**, 550-554.
- Dixon, G.R. (2007). Vegetable brassicas and related crucifers. CABI, 14.
- Gami, H.D., Pawar Y.D. and Patel P.K. (2023). Effect of biostimulant enriched organic manures on growth and quality of sprouting broccoli (*Brassica oleracea* var. italica). *The Pharma Innovation Journal*, **12(5)**, 555-558.
- Gogoi, S., Das M.R., Bora P., Mazumdar N. and Das B.K. (2016). Effect of sowing dates and spacing on broccoli (*Brassica oleracea* var. italica) seed production. *Indian Journal of Agricultural Research*, **50(4)**, 350-353.
- Hossain, M.F., Ara N, Uddin M.R., Dey S. and Islam M.R. (2011). Effect of time of sowing and plant spacing on broccoli production. *Tropical Agricultural Research and Extension*, **14(4)**, 90-92.
- Jayamanne, J.M.D.D.E., Elangeshwaran A., Harris K. and Dharmasena H.M.V.S. (2015). Market demand for headsize of cabbage and suitable plant spacing for downsizing it to meet the demand. *Annual Sri Lanka Department of Agriculture*, 17, 114-153.
- Kaur, S., Rawat M. and Kathayat K. (2019). Effect of mulching on growth, yield and quality of broccoli (*Brassica Oleracea* L. var. Italica)-A Review. *Think India Journal*, **22(30)**, 455-461.
- Kumar, M., Kumari P., Ojha R.K., Kumar A. and Prasad K.K. (2012). Effect of temperature on growth and yield of broccoli under integrated nutrient management. *Progressive Horticulture*, **44(2)**, 307-312.
- Kumar, N., Prakash V. and Srivastva A.K. (2007). Effect of transplanting dates and geometries on broccoli (*Brassica oleracea* var. italica) under mid-hills conditions of North-

- West Himalaya. *Indian Journal of Agricultural Sciences*, **77(7)**, 448-450.
- Magd, M.A., Bassiony A.M. and Fawzy Z.F. (2006). Effect of organic manure with or without chemical fertilizers on growth, yield and quality of some varieties of broccoli plants. *Journal of Applied Sciences Research*, **2(10)**, 791-798.
- Mal, D., Chatterjee R. and Nimbalkar K.H. (2014). Effect of vermi-compost and inorganic fertilizers on growth, yield and quality of sprouting broccoli (*Brassica oleracea* L. var. italica Plenck). *International Journal of Bio-resource and Stress Management*, **5(4)**, 507-512.
- Mathukiya, A.R., Panchal B.H. and Makavana P.C. (2022). Response of organic manures and liquid biostimulants on growth, yield and economics of broccoli (*Brassica oleracea* L. var. italica). *The Pharma Innovation Journal*, **11(9)**, 2774-2779.
- Maurya, A.K., Singh M.P., Srivastava B.K., Singh Y.V., Singh D.K., Singh S. and Singh P.K. (2008). Effect of organic manures and inorganic fertilizers on growth characters, yield and economics of sprouting broccoli cv. Fiesta. *Indian Journal of Horticulture*, **65(1)**, 116-118.
- Meena, K., Ram R.B., Meena M.L., Meena J.K. and Meena D.C. (2017). Effect of organic manures and bio-fertilizers on growth, yield and quality of broccoli (*Brassica oleracea* var. italica Plenck.) cv. KTS-1. *Chemical Science Review and Letters*, **6(24)**, 2153-2158.
- Meena, R.K., Trivedi S.K., Nama A., Kumar L. and Mehta J. (2020). Broccoli, Growth and yield affected by different biofertilizers and inorganic matter—A Review. *Indian Journal of Pure and Applied Bioscience*, **8(3)**, 149-153.
- Mehedi, M.N.H., Mohosina F., Khanom A., Ali M.I. and Peda M.N. (2018).
- Mohapatra, S.K., Munsi P.S. and Mahapatra P.N. (2013). Effect of integrated nutrient management on growth, yield and economics of broccoli (*Brassica oleracea* L. var. italica plenck.). *Vegetable Science*, **40(1)**, 69-72.
- Mukherjee, V. and Mishra P.K. (2012). Broccoli an underexploited neutraceutical. *Science Research Reporter*, **2(3)**, 291-294.
- National Horticulture Board (2019). Indian Horticulture Database, Gurugram, https, // www.nhb.gov.in.
- Pandey, A. and Kumar S. (1989). Potential of Azotobacters and Azospirilla as biofertilizers for upland agriculture-a review. *Journal of scientific & industrial research*, **48(3)**, 134-144.
- Ramachandran, S., Singh S.K., Larroche C., Soccol C.R. and Pandey A. (2007). Oil cakes and their biotechnological applications A review. *Bioresource technology*, **98(10)**, 2000-2009.
- Saikia, B.R., Phookan D.B. and Brahma S. (2010). Effect of time of planting and planting densities on growth, yield and economic production of broccoli [*Brassica oleracea* (L.) var. italica Plenck] cv. Pusa broccoli KTS-1. *Journal of Hill Agriculture*, **1(2)**, 135-139.

- Sakhonwasee, S. (2015). The effect of organic fertilizers on growth and yield of broccoli (*Brassica oleracea* L. var. italica Plenck cv. Top Green). *Journal of Organic Systems*, **10**. 1.
- Sari, E.K., Maimunah S. and Putri M.K. (2022). The effect of maceration time on total alkaloid levels in brocoli (*Brassica oleracea* var. italica) by using uv-vis spectrophotometry method. *Jurnal Jamu Kusuma*, **2(1)**, 38-46.
- Sarkar, A., Mandal A.R., Prasad P.H. and Maity T.K. (2010). Influence of nitrogen and biofertilizer on growth and yield of cabbage. *Journal of Crop and Weed*, **6(2)**, 76-77.
- Sharma, A., Parmar D.K., Kumar P., Singh Y. and Sharma R.P. (2008). Azotobacter soil amendment integrated with cow manures reduces need for NPK fertilizers in sprouting broccoli. *International Journal of Vegetable Science*, **14(3)**, 273-285.
- Sharma, D.K. and Narayan N.D.R. and Chaudhary Raj (1995). Effect of dates of planting and plant density on growth of curd and seed yield in sprouting broccoli (*Brassica oleracea* var. italica) cv. Green head. *South Indian Horticulture*, **43(1-2)**, 59-61.
- Sharma, S.K., Sharma R. and Korla B.N. (2002). Response of N and P on growth and yield of sprouting broccoli (*Brassica oleracea* var. italica). *Indian Journal of Horticulture*, **59(3)**, 313-315.
- Shroff, V.N. and Devasthali S. (1992). Earthworm farming-Scope and limitations. In Proceedings of National Seminar on Natural Farming, 126-142.
- Sindhu, S.S., Sharma R., Sindhu S. and Phour M. (2019). Plant nutrient management through inoculation of zinc-solubilizing bacteria for sustainable agriculture. Biofertilizers for sustainable agriculture and environment, 173-201.
- Singh, S. and Singh P. (2004). Effect of foliar application of nitrogen and zinc on growth and yield of cauliflower (*Brassica oleracea* var. botrytis L.). *Scientific Horticulture*, 123-128.

- Singh, A.K., Khan A.R. and Singh Akhilesh (1999). Influence of different dates of transplanting on head yield of broccoli (*Brassica oleracea* var. italica L.). *Crop Research*, **17(1)**, 104-106.
- Singh, A., Soni S.S., Singh R.K., Singh M.K. and Mishra S.K. (2021). Effect of integrated nutrient management on growth, yield and quality of broccoli (*Brassica oleracea* var. italica) cv. TSX-0788. *The Pharma Innovation Journal*, **10(2)**, 220-222.
- Singh, B.K., Pathak K.A., Sarma K.A. and Thapa M. (2010). Effect of transplanting dates on plant growth, yield and quality traits of cabbage (*Brassica oleracea* var. capitata L.) cultivars. *Indian Journal of Hill Farming*, 23(2), 1-5.
- Singh, R.K. and Longkumer T.E. (2018). Compost, the black cold. KrishiVigyan Kendra–Phek, ICAR–NRC on Mithun, Porba, Phek, Nagaland, 112.
- Singhal, P., Srivastava B.K., Singh M.P. and Singh P.K. (2009). Effect of date of planting and spacing on the performance of broccoli. *Indian J. of Horticulture*, **66(1)**, 137-140.
- Srivastava, P, Srivastava B.K. and Singh M.P. (2002). Effect of planting date and growing environment on the plant survival, growth and yield of early cauliflower in rainy season. *Vegetable Science*, **29(2)**, 157-160.
- Yadav, L.P., Kavita A. and Maurya I.B. (2012). Effect of nitrogen and biofertilizers on growth of cabbage (*Brassica oleracea* var. capitata L.) var Pride of India. *Progressive Horticulture*, **44(2)**, 318-320.
- Yadav, L.P., Kumar S. and Singh A. (2016). Effect of intercroping geometry inorganic- based cropping models of broccoli (*Brassica oleracea* var. italica). *Current Horticulture*, **4(1)**, 3-9.
- Yatoo, A.M., Rasool S., Ali S., Majid S., Rehman M.U., Ali M.N., Eachkoti R., Rashid S.M. and Farooq S. (2020). Vermicomposting, An eco-friendly approach for recycling/management of organic wastes. Bioremediation and Biotechnology, Sustainable Approaches to Pollution Degradation 167-187.